

Cookbooks by Nancy S. Hughes

American Cancer Society- To be published, 2019

American Diabetes Association- To be published, 2019

Thinner In An Instant, Harvard Common Press, 2019

Dinner In A Dash, Harvard Common Press, 2019

Designed For One Cookbook, American Diabetes Association, 2017

The 4-Ingredient Diabetes Cookbook, 2nd Edition, American Diabetes Association, 2016

The Two-Step Diabetes Cookbook, American Diabetes Association, 2015

The Diabetes Carb-Control Cookbook, American Diabetes Association, 2014

The Diabetes Fast-Fix Slow-Cooker Cookbook, American Diabetes Association, 2014

Gluten-Free Recipes, American Diabetes Association, 2013

15-Minute Diabetic Meals Cookbook. American Diabetes Association, 2010.

Heart-Smart Diabetes Kitchen Cookbook. Canola Info and American Diabetes Association, 2010.

1500 Calorie-A-Day Menu Cookbook. McGraw Hill Publishers, 2008.

The 4-Ingredient Diabetes Cookbook. American Diabetes Association, 2007.

Quick & Easy Low-Carb Cooking. American Diabetes Association, 2003.

Last Minute Meals for People with Diabetes. American Diabetes Association, 2002.

The New Chili Cuisine Cookbook. Contemporary Books, 1996.

The Health-Smart/Dollar-Wise Cookbook. Berkley Publishers, 1995.

The Low-Fat 150-Calorie Dessert Cookbook. Berkley Publishers, 1994.

The 1200-Calorie-A-Day Menu Cookbook. Contemporary Books, 1994.

The 300-Calorie One-Dish Meal Cookbook. Contemporary Books, 1991.

The Four-Course 400-Calorie Meal Cookbook. Contemporary Books, 1991.

Cookbooks with Recipes Developed by Nancy S. Hughes

Cooking Light's Pressure Cooking Made Simple Cookbook, Oxmoor House, 2015

American Heart Association's Grill It, Braise It, Broil It, Clarkson Potter; 2015

American Heart Association's Healthy Slow Cooker Cookbook. Clarkson Potter, 2012

American Heart Association's Quick and Easy Cookbook, 2nd Edition, Clarkson Potter; 2012.

Cooking Light's The Gluten-Free Cookbook, Oxmoor House, 2011.

American Heart Association's Quick and Easy Cookbook Meals. Clarkson Potter; 2010.

American Heart Association's Low-Salt Cookbook, 4th Edition. Clarkson Potter, 2010

American Heart Association's Meals in Minutes Cookbook. 2nd Edition, Clarkston Potter, 2010.

Weight Watcher's Annual Recipes for Success 2010 Cookbook. Oxmoor House, 2009.

Cooking Light's Fresh Food Fast Cookbook. Oxmoor House, 2009.

American Heart Association's No-Fad Diet Cookbook. 2nd Edition, Clarkston Potter, 2009.

American Heart Association's Healthy Family Meals Cookbook. Clarkston Potter, 2009.

The New American Heart Association Cookbook. 8th Edition, Clarkston Potter; 2008.

Weight Watcher's Annual Recipes for Success 2009 Cookbook. Oxmoor House, 2008.

Weight Watcher's 5 Ingredients Fifteen Minute Meals Cookbook. Oxmoor House, 2008.

American Heart Association's Low-Fat, Low-Cholesterol Cookbook. 4th Edition, Clarkston Potter; 2008.

Diabetes & Heart Healthy Meals for Two Cookbook. American Diabetes Association and American Heart Association, 2008.

Go Red For Women. 4th Edition, American Heart Association in conjunction with Publications International, Ltd., 2008.

Weight Watcher's Annual Recipes for Success 2008 Cookbook. Oxmoor House. 2007.

Go Red For Women. 3rd Edition, American Heart Association in conjunction with Publications International Ltd, 2007.

Better Homes and Gardens Cook Once, Eat Twice Cookbook. Meredith Books, 2006.

Atkins Cookbook; 2006.

Reiman's Taste of Home Diabetic 2006 Annual Cookbook. Publications International, Ltd., 2006.

American Heart Association's Low-Salt Cookbook. 3rd Edition, Clarkson Potter, 2006.

Weight Watcher's Annual Recipes for Success 2006 Cookbook. Oxmoor House, 2005.

Healthy Recipes Kids Love. American Heart Association in conjunction with Publications International Ltd., 2005.

American Heart Association's No-Fad Diet Cookbook. Clarkson Potter, 2005.

Reiman's Taste of Home Diabetic 2005 Annual Cookbook. Publications International Ltd., 2004.

Weight Watcher's Annual Recipes for Success 2005 Cookbook. Oxmoor House, 2004.

Go Red for Women, 2nd Edition, American Heart Association in conjunction with Publications International Ltd., 2005.

The New American Heart Association Cookbook. 7th Edition, Clarkson Potter, 2004.

Diabetes & Heart Healthy Cookbook. American Diabetes Association and American Heart Association, 2004.

Weight Watcher's Annual Recipes for Success 2004 Cookbook. Oxmoor House, 2003.

Go Red for Women. 1st Edition, American Heart Association in conjunction with Publications International, Ltd, 2004.

American Heart Association's One-Dish Meals Cookbook. Clarkson Potter, 2003.

Weight Watcher's Annual Recipes for Success 2003 Cookbook. Oxmoor House, 2002.

Cooking Light Superfast Suppers Cookbook. Oxmoor House, 2003.

Weight Watcher's Shortcut Cookbook. Oxmoor House, 2003.

American Heart Association's Low-Calorie Cookbook. Clarkson Potter, 2003.

Taste America! The Regional Entertaining Cookbook. Cooking Club of America, 2003.

Slow Cooking Cookbook. Publications International, Ltd, 2002.

Weight Watcher's Annual Recipes for Success 2002 Cookbook. Oxmoor House, 2001.

American Heart Association's Low Salt Cookbook. 2nd Edition, Clarkson Potter, 2001.

Cooking Light's Light and Easy Menus Cookbook. Oxmoor House, 2001.

Weight Watcher's Miracle Foods. Oxmoor House, 2001.

The American Heart Association's Low-fat and Luscious Desserts Cookbook. Clarkson Potter, 2000.

The American Heart Association's Meals in Minutes Cookbook. Clarkson Potter, 2000.

Betty Crocker's Low-Fat, Low-Cholesterol, Cooking Today Cookbook. IDG Books Worldwide, Inc., 2000.

Weight Watcher's Annual Recipe for Success 2001 Cookbook. Oxmoor House, 2000.

Better Homes and Garden's Fresh and Simple, Quick Simmering Soups Cookbook. 2000.

Diabetic Desserts. Publications International Ltd., 1999.

The American Heart Association's 25th Anniversary Cookbook, Sixth Edition, Random House, 1998.

Healthy Vegetarian Cookbook. Land O' Lakes, 1998.

365 Favorite Brand Name Stir-fry Cookbook. Publications International Ltd., 1997.

Fresh & Fast Pasta Cookbook. Land O' Lakes, 1997.